

APRIL AMENDMENTS TO BY-LAWS OF  
MT. GREENWOOD COLTS YOUTH ORGANIZATION, NFP

Pursuant to a resolution of the Executive Board of Directors of the Mt. Greenwood Colts Youth Organization, NFP (hereafter "MGCYO"), on April 13th, 2026 the By-Laws of MGCYO were amended as follows, effective as of said date:

I. Article One is amended and restated in its entirety to read as follows:

"This Organization shall be known as Mt. Greenwood Colts Youth Organization, NFP (hereafter "MGCYO")."

II. Article Two is amended and restated in its entirety to read as follows:

Section 1.

The primary purpose is to encourage the youth (student/ athlete) to practice high standards of sportsmanship, physical fitness, athletic competition and fellowship: to provide recreational activities which are both instructional and enjoyable; to set a good example in supervising and coaching; equipment and facilities for said activities; to set a good example in supervising and coaching; keeping the participants' welfare first.

Section 2.

To achieve this purpose, the MGCYO will provide a supervised program under the rules and regulations of the River Valley Youth Football League (RVYFL) incorporated and also the current governing Cheer association . All officers, directors and members will bear in mind that the attainment of exceptional athletic skill or winning of game is secondary, and that education and the molding of future citizens is of prime importance. In accordance with Section 501 (C)(3) of the Internal Revenue Code, the MGCYO shall operate exclusively as a nonprofit organization, providing a supervised program of competitive football games and spirit. No part of the net proceeds or earnings shall insure to the benefit of any private shareholder or individual.

III. Article Three is amended and restated in its entirety to read as follows:

Section 1.

A member is defined as any parent and/or legal guardian of a child who is registered as an athlete with the MGCYO, Board Members, or coaching staff during the current sports year (January 1 through December 31). Any member may bring a proposal or concern to any meeting to be voted on by the Board.

Section 2.

Voting rights are limited to members with a registered athlete, Board Members, and coaching staff. Voting members must attend three meetings during the athletic year (January through December) to be eligible to participate in the voting process.

IV.

Article Four is amended and restated in its entirety as follows:

Meetings Section 1. Annual Meeting

The Annual Meeting of MGCYO shall be held no later than March 31st of each calendar year for the purpose of electing Officers. Annual Financial Report and other transactions of such business may also be properly come before the membership.

A. Notice of Annual Meeting Notice of Annual Meeting shall be electronically mailed or otherwise delivered to each member at their registered email address in advance thereof, setting forth the time, place, date and purpose of the meeting. Notice may be given in such forms as may be authorized by the members from time to time at a regularly convened meeting.

#### Section 2. Regular Board Meetings.

Regular meetings are held once monthly. The meeting date, time, and place will be announced via email prior to the meeting To be sent seven days prior to the meeting date. All participating members are encouraged to attend.

#### Section 3. Special Meetings.

Any Board member of the Organization can request a special meeting. If a majority of the Executive Board deems it necessary to hold the meeting, it must be held as soon as practical. Special meeting requests must be submitted in email correspondance. All members may attend special meetings with the exception of Disciplinary Meetings as outlined in Article Nine.

Section 4. Quorum. Two-thirds of the Executive Board of Directors at a Regular Board Meeting shall constitute a quorum. Two-thirds of the Executive Board of Directors at Special Meetings shall constitute a quorum. In our organization bylaws, we've included provisions for proxy voting, allowing members to authorize someone else to cast their vote on their behalf during important meetings.

Section 5. Rules of Order Robert's Rules of Order shall govern the proceedings of all meetings except where said rules conflict with the By-Laws of the MGCYO in which case the By-Laws shall take precedence.

Article Five is adopted and stated in its entirety as follows:

Section 1. Executive Board Members The management of the property and affairs of the MGCYO shall be vested in the Executive Board of Directors. The number of Directors shall not be less than seven (7) or more than twelve (12). The Directors, in office in January of each calendar year shall enter upon their duties and shall continue in office until their successors shall have been duly elected and qualified.

Section 2. Elected Officers A. The Executive Board Membership shall consist of nine (9) elected Officers being: President, Vice President, Recording Secretary, Corresponding Secretary, Treasurer, Atheletic Director, Director of Football, and Director of Cheer and Assistant Director or Cheer. Each member has one vote. The President only votes in the event of a tie. Officers are elected for two-year terms with staggered terminations. Five of nine Officer positions will be elected in even years beginning with the President, Recording Secretary, Director of Cheer, and

Director of Football. The Vice President, Treasurer, Corresponding Secretary, Athletic Director , and Assistant Director of Cheer will be elected in odd number years. All terms expire in December after the second year. B. No more than one member of a household shall serve as a member of the Executive Board of Directors (unless emergency circumstances arise) by agreement of all current Board Members, C. An election committee will be assembled in November, with elections to be held in .

Section 3. Appointed Officers: The remaining Board Members will be appointed by the Executive Board of Directors and will include, but are not limited to: Head Coaches, Sponsorship Coordinator, ColtsWear Coordinator, and Equipment Manager. The appointed position term is for one year, January through December. A. Any person, regardless of past standing with the Organization, who wishes to fulfill an Appointed Position, will submit a letter of intent to the Board no later than November 30 of the current sports year for consideration for the following year and interview with the Board. Letters of third party intent will not be accepted. In case(s) of multiple prospective Head Coaches putting in for individual level(s), if it can be discussed/ resolved and agreed upon before initial interview to work as one and agreed amongst them to resolve and determined prospective Head Coach position, and or respectfully having other prospective HC on board to join that said or any level upon approval from said level(s). No said interview will happen (If non agreeable above request is reached, an interview will be conducted with a 15-20 minute interview Q&A) for the prospective Head Coaching vacancy.

Section 4. Duties and Powers A. The Executive Board Members shall have the power to appoint any and all Appointed Positions as outlined in Section 7. B. All Board Members, elected and appointed, will sign an agreement to turn over all previous records, keys, equipment and all digital property of the Organization as requested at the end of their term within two weeks of fiscal term end. C. Members of the Executive Board of Directors are expected to attend at least two-thirds of all Board Meetings. D. The Organization shall, to the extent legally permissible, hold harmless the Board of Directors, provided that the Director has acted in good faith in accordance with the MGCYO By-Laws.

#### Section 5. Vacancies in Office

If a vacancy occurs on the Board of Directors by death, resignation, relocation or otherwise, it may be filled by a two-thirds vote of the remaining Directors at any regular meeting or at any special meeting called for that purpose. No more than one member of a household shall serve as a member of the Executive Board of Directors (unless emergency circumstances arise) by agreement of all current Board Members, C. An election committee will be assembled in November, with elections to be held in December. December.

A resignation should be submitted in writing and be effective immediately. In the event the number of Executive Board Members falls below five (5) the remaining Board Members may fill as many vacancies as necessary to achieve a quorum. The remaining Executive Board

Members have temporary authority to call a special meeting of the membership to elect any replacement board members for short term or until term is up for re-election

## Section 6. Specific Duties for Elected Officers

A. President - is the executive officer of the Organization.

1. Shall appoint all committees pertaining to the business of the organization.
2. Conduct all organizational meetings.
3. Co-sign all checks.
4. Is an ex-officio of all committees.
5. Conduct the affairs of the MGCYO and execute the policies established by the Board of Directors.
6. Present a condition of the MGCYO at the annual meeting.
7. Prepare and submit an annual budget with the Treasurer to the Board of Directors and be responsible for the proper execution thereof.
8. The President shall have grant authority of up to \$100.00 between Board meetings.
9. Complete the Athletic Use, Resident, Contractor, and Service Provider (ARCS) program application. to be done on a yearly basis.
10. Background checks

B. Vice President

1. Shall preside at all meetings in the absence of the president, shall assist the president in his/her duties.
2. Ensure the Organization has the necessary permits to use Chicago Park District property for Party in the Park.
3. Ensure all end of season Banquet duties are completed. Including but not limited to trophy count to be given to the Treasurer, securing banquet hall, creating google form to collect necessary information from attendees.
4. Set up food vendor(s) for the upcoming season to be determined by March 1st. Shall be board liaison for food vendor(s) for the current season.

C. Recording Secretary - Shall maintain the minutes of all regular and executive meetings. Minutes of the previous meeting are to be distributed electronically to all members prior to the monthly meeting.

1. Shall maintain an accurate and updated file on all forms used by the organization.
2. Ensure all meeting minutes and agendas are made available to all members and posted to the website.
3. Maintain Organization website.
4. Shall arrange and set up online registration including but not limited to inputting athletes in the database.

5. Shall maintain updated rosters for each level.

D. Corresponding Secretary - Shall conduct all correspondence not otherwise specifically delegated in connection with said meetings and be responsible for carrying out all orders, vote, and resolutions not otherwise committed.

1. Is responsible for the organization and execution of all MGCYO special events including but not limited to Picture Day, Homecoming, Party in the Park, and any other board approved functions deemed appropriate.

2. Shall work with Team Parents in the recruitment of volunteers for special events.

3. Is an ex-officio of all fundraising committees and campaigns.

4. Is responsible with the Treasurer for the management of game day monies.

5. Maintain a volunteer website.

E. Treasurer - shall be responsible for all the financial records of the organization

1. Collect all fees and monies.

2. Shall maintain a monthly statement of monies spent and deposited.

3. Shall co-sign checks.

4. Shall be responsible for a directory of all elected officers, appointed positions and committee personnel.

5. Prepare an annual budget under the direction of the President for submission to the Board of Directors.

6. Responsible for coordinating with concessions vendor payments.

7. Is responsible for Game Day banks & deposits.

8. Is responsible for ordering end of year trophies.

F. Director of Football

1. Review letters of intent for prospective head coaches and make recommendations to the board prior to the board's vote.

2. Ensure head coaches and Team Parents have documents necessary for player weigh-in in accordance with RYFL rules.

3. Act as a liaison between disgruntled parents and head coaches. Twenty four hour rule must be applied.

4. Shall monitor coach attendance.

5. The Director of Football may step in and refer a head coach to the disciplinary committee as outlined in Article Nine only if a head coach commits an infraction according to the MGCYO Code of Conduct.

6. Responsible for the coaching application process, including, but not limited to recruitment, interviewing, safety training.

7. Ensure every coach has understood and agreed to the Coaches' Code of Conduct. Coaches code of conduct must be signed by HC & any/all assistant coaches by the end of first week of practice.

8. Ensure coaches have obtained current certification as required by the RYFL By-Laws.

9. Ensure coaches complete safety training as required by the organization.

#### G. Athletic Director (AD)

1. Shall serve as Player Safety Coach and oversee all USA football certifications
2. Shall repost all league information to the Board at regular or special board meetings following RYFL meetings
3. Act as liaison between the referees and other organizations on game day.
4. Provide IHSA and RYFL rules book to head coaches and assist head coaches and their assistants in understanding the rules.
5. Ensure every coach has understood and agreed to the Coaches Code of Conduct
6. Ensure coaches have obtained current certification as required by RYFL By-Laws.
7. Ensure coaches complete safety training as required by the organization.
8. Responsible for uploading/trading Hudl film.
9. If DOF & AD are unable to attend a scheduled home or away game due to split game day schedules. The current DOF & AD will communicate with the Board one week prior with their request for a temporary representative to accommodate said game for the role of DOF & or AD.

#### H. Director of Cheer (DOC) - shall oversee the cheerleading program.

1. Organize equipment handouts for cheer when equipment arrives.
2. Oversee the ordering of uniforms and equipment for the cheer program.
3. Represent the league in finding and registering cheerleaders for competitions with the approval of the Board.
4. Responsible for the coaching application process, including but not limited to recruitment, interviewing, safety training.
5. Responsible for securing practice locations for all levels of the cheer program.
6. Responsible for researching and securing safety training for cheer coaches.
7. Ensure every coach has understood and agreed to the Coaches' Code of Conduct. Coaches code of conduct must be signed by head coaches and any/all assistant coaches by the start of the competitive cheerleading season.
8. Ensure coaches have the opportunity to participate in Cheer training programs and provide coaching resources.
9. Serve as a liaison between disgruntled parents and head coaches.
10. Check-in with coaching staff and view routines prior to competitive performance for any safety violations as determined by the governing competitive association.

#### I. Assistant Director of Cheer

1. Assist DOC with uniform fittings at registration.
2. Oversee equipment handouts for cheer.
3. Resolve any issues with cheer equipment and report the same to the DOC.
4. Ensure cheer coaches on all levels have received all necessary information for upcoming events (games, competitions, special events, etc.).
5. Ensure all cheer coaches complete required safety training by the deadline set by DOC.

6. Responsible for all cheer equipment and cheer equipment shed (if any), including maintaining cleanliness, organization & storage. Communicate effectively with DOC any outdated or unsafe equipment.
7. Assist DOC with competition paperwork, including distribution and collection of forms.

## Section 7. Specific Duties for Appointed Positions

A-1. Football Head Coaches will, upon appointment, sign a one-season Coaching Agreement to be signed and turned in prior to the beginning of the season. This section is for Head Coaches for Football side: Must be able to familiarize and properly sign in, and view Hudl or any other media platforms that has been determined by RYFL when it is sent weekly. Will conduct themselves with the utmost respect for any/ all student/ athletes. Must hold a parent meeting the first week of practice. Expected form of communication throughout the season will be via the GroupMe platform; AD and DOF must be added to each levels GroupMe communication. Failure to uphold the standards and practices set forth in the Coaching Agreement may result in discipline in accordance with procedures set forth in Article Nine.

A-2: As it pertains to cheerleading: Head coaches will, upon appointment, sign a one-season Coaching agreement to be signed and turned in prior to the beginning of the season. Coaching staff must hold meetings prior to uniform ordering with parents to review athlete and parent expectations. Coaches will utilize and design their competitive routines based on the governing competitive association's rubric. Coaches will conduct themselves with the utmost respect for any athletes, and officials. The expected form of communication throughout the season will be via the GroupMe platform DOC and ADOC must be added to each levels GroupMe communication. Failure to uphold the standards and practices set forth in the Coaching Agreement may result in discipline in accordance with procedures set forth in Article Nine

All head coaches must adhere to the following:

1. Any person, regardless of past standing with the organization, who wishes to be appointed Head Coach will submit a letter of intent to the Board no later than November 30 of the current sports year for consideration for the following year and interview with the Board.
2. Any Executive Board member with a familial relationship with a coaching candidate shall excuse themselves from that particular vote.
3. Preference will be given to those candidates with athletes registered with MGCYO.
4. Shall appoint an Assistant Head Coach and Assistant Coaches. Assistant Head Coach will assume the duties and responsibilities of Head Coach in the absence of the appointed Head Coach.
5. Shall be responsible for the day-to-day activities of his/her team.
6. Shall be responsible for equipment handout, maintenance, and turn in for his/her team.
7. Shall be responsible for the conduct of their assistants during practices, games, while in coaches attire or while representing MGCYO in any capacity.

8. Shall make a good faith effort to attend all practices and games. Head coaches must attend two-thirds (2/3) of practices per week. If they must miss, dates must be given to the Director of Cheerleading or Director Of Football prior to the start of the season, unless in cases of emergencies.

9. Cheer squads must be present at **ALL** home games, half of away games to be determined by the DOC and ADOC, the duration of the playoffs their level qualifies for with the exception of team cheer competitions.

10. Shall appoint Team Parent.

a. Team Parent will assist the Head Coach with communicating to parents any and all necessary information in a timely manner. Necessary information includes but is not limited to game and competition dates and times, practice changes, and other MGCYO activities.

11. Shall follow all by-laws, rules and code of conduct set forth by the MGCYO executive board.

12. May hold a Board position with the exception of President.

13. Must communicate with DOF & AD regarding request for cancellation of practice(s), time change request, location changes any / all scrimmages. Also communicate via GroupMe in the event of severe weather: cancellation of practice(s), ending early/ later by head coaches, Assistant Coaches or Team Mom(if present).

14. Coaches must provide notification to ADOC if using any equipment and upon its return.

B. Equipment Manager – is responsible for the storage and upkeep of all MGCYO equipment

1. Is responsible for maintaining the storage area for equipment.

2. Is responsible for all other related equipment (down markers, yard line markers, tackling dummies, etc.)

3. Is responsible for equal disbursement and collection of equipment. All Head Coaches will assist with distribution and collection of all equipment. All Head Coaches must provide equipment manager with a list of missing/damaged equipment. HC must communicate with the Equipment Manager of such issues, and provide any/all parent contact information. The Equipment Manager, DOF & AD have the right to withhold any student/ athlete from continuing or returning to organization until all equipment handed out is returned as it was handed out, or equipment check will be cashed as soon as possible for all Divisions/Levels.

4. Is responsible for an accurate Year End Inventory of all football equipment.

5. Is responsible for purchasing equipment, with the approval of the Board of Directors for the upcoming season.

6. Ensure that all helmets needing certification be brought (or picked up to/ by a registered specialist so they may be ready tentatively by August 1st of each calendar year.

7. Is responsible for securing three (3) quotes for all large equipment purchases.

8. Is allowed to spend up to \$100 for incidentals that fall outside of the football budget, without Board Approval.

9. No parent, student athlete, Head Coach or Assistant Coaches are allowed to take any of the following equipment: (Helmets, Shoulder Pads, Rib Guard/ Vest, Practice Jersey, Practice Pants/ Game Day Pants) out of the sheds for any reason without confirming with Equipment Manager first (must also sign said equipment out after ok'd by Equipment Manager.

### C. Sponsorship Coordinator

1. Shall maintain a current and updated list of sponsors for the sports year.
2. Shall serve as main contact for past, current and potential sponsors.
3. Is responsible for communicating with sponsors throughout the season, including ordering and delivery of sponsor appreciation gifts, upon Board approval.
4. Works with Colts wear coordinator to maintain sponsorship benefits.
5. Maintain the sponsorship binder for the announcer in the booth.

### D. Little Steps Coordinator

1. Coordinate coaching staff and maintain coaching staff communications.
2. Coordinate uniform ordering (if different than competitive sideline uniforms) and distribution.
3. Responsible for planning the end of year celebration for the flag and little steps teams.
4. Coordinate with the flag coordinator regarding game day schedules.
5. Responsible for division of roster teams.
6. Oversee proper cheerleading technique is taught for progressive training.
7. Communicate trophy count to the treasurer.

### E. Flag Coordinator

1. Coordinate coaching staff and maintain coaching staff communications.
2. Coordinate uniform ordering and distribution.
3. Responsible for planning the end of year celebration for the flag and little steps teams.
4. Coordinate with the little steps coordinator regarding game day schedules.
5. Responsible for division of roster teams.
6. Communicate trophy count to the treasurer.
7. Provide practice drill sheets for head coaches

### F. Colts Wear Coordinator

1. Is responsible for the organization, purchase and sale of MGCYO merchandise.
2. Present a Merchandise budget to the board on or before the January monthly board meeting that details all required spending for the current season.
3. Is authorized to spend monies approved by the Board of Directors from the Merchandise Budget.
4. Turn in all monies and inventory list at the end of any sales events including but not limited to practices, games and Party in the Park.
5. Responsible for care and maintaining Ipad and square devices. Must be turned in 24 hours after the term has concluded.

### VI. Article Eight is amended and restated in its entirety as follows:

- A. To amend the By-Laws, it will be necessary to submit, in writing, the proposed amendment to the Secretary of the organization. 1. The Secretary at the next regular general meeting will read the proposed amendment to all members present. The Secretary will have available written

copies of the proposed amendment. The voting members present at the succeeding regular general meeting will vote on the proposed amendment. The amendment must pass a 2/3 - majority vote of those voting members present. B. The Organization shall maintain standing rules for smooth function of the organization. 1. Standing rules can be proposed at any regular meeting of the organization to be voted on and approved at the following month's meeting. Article Nine is adopted and stated here in its entirety as follows:

#### VII. Section 1.

The MGCYO shall maintain a pool of parent volunteers willing to sit on the Disciplinary Committee as impartial members should the need arise. The parent volunteer pool must be established by the first practice or need basis. NO disciplinary committee member can have direct relations with the athlete/athletes involved in disciplinary issues. MGCYO executive board members will have the final say of who is on the disciplinary committee. The MGCYO Executive Board reserves the right to suspend any member from all MGCYO related functions until the individual is awarded a disciplinary hearing. The Disciplinary Committee will comprise at least three but no more than five parents from both football and cheer, one parent from each level. The DOF, DOR, DOC and or AOC will chair the Disciplinary Committee, depending on the infraction DOF and or DOR shall chair any Disciplinary Committee involving cheer, DOC shall chair any Disciplinary Committee involving football).

The Disciplinary Committee shall have the authority to suspend or discharge any coach, player, parent or other person whose conduct is in violation of the Code of Conduct of the MGCYO, these By-Laws and/or the MGCYO Discipline and Adverse Action Policy, a copy of which is attached hereto as Appendix A and made a part hereof. The MGCYO Discipline and Adverse Action Policy provides a guideline for Disciplinary Committees, any assembled Disciplinary Committee may use their collective discretion when determining any penalty.

Section 2. Persons dismissed, disbarred or suspended for longer than a period of one game shall have the right to request an appeal hearing before the Executive Board. Written requests for an appeals hearing must be delivered to an Executive Officer within 24 hours of notification of disciplinary action. Upon receipt of such request, a hearing will be scheduled within 48 hours.

Section 3. In the event of disciplinary procedure involving a person under the age of 18, that person's parent or guardian shall be required to attend the hearing with the person concerned. Head Coaches shall attend when deemed necessary by the Executive Board.

#### Section 4. Mediation

- A. Each party to the dispute shall select a representative, who may be an attorney, other agent or other trusted person. The parties shall select a mediator who is an impartial and disinterested person to mediate the matter in a fair and impartial manner.

- B. The goal of the mediation process and the mediator is to bring about an amicable, voluntary resolution of the dispute, and the parties shall make a good faith effort to work with one another and the mediator to affect such a resolution of their dispute.
- C. The mediator may hold joint and separate conferences with the parties. Such conferences shall be private and all communications therein confidential unless the parties otherwise agree in writing.
- D. Information disclosed by a party to a mediator in the performance of mediation functions shall not be disclosed voluntarily or by compulsion. All files, records, reports, documents or other papers prepared by a mediator shall be considered confidential. The mediator shall not produce any such confidential records of, or testify in regard to, any mediation occurred by him, on behalf of any party to cause pending in any type of proceeding.
- E. The parties in dispute, if any, shall pay compensation for the mediator, equally. F. The mediator shall have sole discretion to make the determination that the parties have reached an impasse and no voluntary resolution will be forthcoming.

Section 5. Arbitration. If the parties cannot come to a voluntary agreement as a result of the mediation and the mediator makes the determination that the parties have reached an impasse and no resolution will be forthcoming, the parties will be referred to United States Arbitration and Mediation for arbitration in accordance with United States Arbitration and Mediation Rules of Arbitration. The arbitrator's decision shall be final and binding and judgment may be entered thereon. In the event a party fails to proceed with arbitration, unsuccessfully challenges the arbitrator's award, or fails to comply with arbitrator's award, the other party is entitled to costs of suit including a reasonable attorney's fee for having to compel arbitration or defend or enforce the award.

No person shall bring any dispute under these Bylaws to any court of law or chancery without first proceeding under the above procedures. Unless the determination of the arbitration panel is clearly in conflict with the laws of the State of Illinois no court shall reverse or otherwise amend the determination except as may be necessary to correct a minor discrepancy.

#### VIII.

Article Ten is adopted and stated here in its entirety:

##### Background Checks:

Section 1: Any charges or conviction of crime(s) may be grounds for dismissal and/or ineligibility to coach or serve on the Board.

##### Drug Testing:

Section 1. All Board Members, appointed officers and Coaches shall complete and pass a criminal background check yearly.

Section 2. Board Members, appointed officers, and coaches will be subject to random drug testing throughout the season. Failure to submit or a positive drug test will be grounds for dismissal from the organization.

IX.

Article Eleven is adopted and stated here in its entirety:

Games:

Section 1. No more than 8 coaches may be on the sidelines of a game and no more than 5 coaches on the floor for a competition.

Section 2. A medical representative with proper training (CPR, AED, concussion training, etc.) must be on the sidelines during every game. A coach or parent who is properly certified may serve as the designated medical representative.

Section 3. No disagreement with coaching staff or coaching decisions during a football game or cheer competition will be discussed until 24 hours after said game or competition. This will allow all parties to cool off before addressing the issue.

X

Article Twelve is adopted and stated here in its entirety:

Social Media:

Section 1. The MGCYO will maintain and update various social media accounts including but not limited to Facebook, X(formerly known as TWITTER), Instagram, Hudl, etc. All social media accounts will be administered by Members of the Executive Board. All account information including passwords will remain part of the standing rules of the organization and will be relinquished at the end of any Members' term.

Section 2. All members of the MGCYO are invited and encouraged to participate in the MGCYO social media pages. Any negative or derogatory comments, statements or posts found on the MGCYO Social media account will be removed as soon as possible. Any member who posts negative or derogatory comments, statements or posts (severity determined by the board) will be removed from said social media account and may be referred for Disciplinary action as outlined in the Discipline and Adverse Action Policy, a copy of which is attached hereto and made a part hereof.

This also includes football and cheer governing organizations.

Section 3.

A: Competition cheer routines shall not be uploaded to social media.

B: Football players are permitted to create and share highlight reels for the purpose of recruitment.

XI.

Article Thirteen is adopted and stated here in its entirety:

Injured Athlete Policy

Section 1. The MGCYO adopts and incorporates the Injured Athlete Policy attached hereto as Appendix B. All coaches, board members and relevant volunteers must receive a copy of the Injured Athlete Policy and sign acknowledging receipt and understanding of the same.

Section 2. All injuries more than "bumps & bruises" must be reported to the MGCYO Executive Board within 24 hours of said injury. An Injury Report must be completed for any injury reported, as soon as reasonably possible after occurrence.

XII. Article Fourteen is adopted and stated here in its entirety:

#### Fundraising

Section 1. All fundraisers whose goal is to benefit the MGCYO or any of its teams must be approved by the Executive Board. Written Board approval may be communicated via email or other electronic means.

#### APPENDIX A

Mt. Greenwood Colts Youth Organization, NFP

#### Discipline and Adverse Action Policy

##### I. Policy

Mt Greenwood Colts Youth Organization, NFP (MGCYO) adopt the following standards for Board Members, Appointed Positions, Coaches, Athletes, Volunteers, Parents and Spectators with the intent to maintain high standards of personal conduct and integrity when participating in all events and activities at permitted facilities and confines of the organization and to adhere to this Discipline & Adverse Action Policy (DAAP) without prejudice. Any use of illegal drugs, alcohol, smoking and/or vaping of any substance while representing the MGCYO in any capacity, including Board Member, Appointed Position, Coach, Athlete, Volunteer, Parent or Spectator, is expressly prohibited.

##### II. Basic Principles

Formal disciplinary and adverse actions will be taken for good cause after considering all mitigating and aggravating circumstances and should be consistent with all other such actions taken by the MGCYO for similar infractions. It is essential that prompt and just corrective action be taken to promote efficiency, integrity and consistency within the organization.

All such actions shall be governed by the following principles:

- A. Corrective: The intent of discipline or adverse action is not to punish but to correct unacceptable behavior. Accordingly, discipline or adverse action should only be as severe as necessary to bring out desired change.
- B. Consistent: Similar penalties shall be imposed for like offenses.
- C. Nondiscriminatory: Discipline & Adverse Actions shall not be influenced by race, color, religion, financial status, political beliefs, national origin, physical disabilities or sexual orientation.
- D. Timely: Discipline & Adverse Action shall be initiated as soon as practicable following the occurrence of said infraction.
- E. Progressive: A more severe action shall be imposed upon an individual if the person has received prior disciplinary action. Prior offenses need not have been of the same nature as the current offense to warrant a more severe action.

III. Definitions The following terms and definitions shall be used as an aid to this policy:

- 1. Battery: The intentional act of physical violence including but not limited to the following acts upon another individual: hitting, kicking, punching, pushing, choking, spitting at or on, grabbing, poking, deliberate bodily contact by running into, the act of kicking or throwing an object that has made contact with an individual.
- 2. Assault: Any conduct which places another in reasonable apprehension of receiving a battery.

3. Dissent: Demonstrates continuous disagreement with a game, Referee, Program Officials, Coordinators, Coaches, Assistant Coaches, Teams, Players, Volunteers and Parents including Family Members and or Spectators by either actions or words.
4. Ejection: The temporary removal of an individual from a game and/or competition site, the field and vicinity of the field by a Referee or MGCYO official for conduct reasons.
5. Expulsion: The permanent removal of an individual for disciplinary reasons from all affiliated facilities and confines of the organization.
6. Formal Disciplinary Action: A letter of reprimand (notification, including email) to the offender outlining the offense and adverse action being taken.
7. Individual: Shall be defined as any Referee, MGCYO Official or Board Member, Coordinator, Coach, player, Volunteer and Parent including Family Members, Legal Guardians and/or Spectators.
8. Obscene: Profane or vulgar language. Any word, remark or gesture deemed unacceptable during MGCYO activities, functions or events.
9. Affiliated Facilities: All areas under the direct responsibility, authority, and control of MGCYO programs or events to include fields, parking lots, pavilions, gymnasiums and to include host facilities of corroborated league events or other venues.
10. Suspension: The temporary removal of an individual for disciplinary reasons from any or all affiliated facilities and confines of the organization.
11. Theft or Larceny: The wrongful or unlawful taking of goods of another with intent of permanently depriving the owner thereof.
12. Threats: Shall be defined as any remarks, verbal statements, gestures or physical act not resulting in bodily contact that carries the implied threat of physical harm against an individual or their property. Such threats will not be made by phone, text message, voicemail, email or any source of social media to include but not limited to Facebook, Twitter, etc. Elements of threats may also mirror definitions/elements included in Assault.
13. Referee Abuse: Shall be defined as the use of foul or abusive action by word, sign, gesture or language toward a Referee.

#### IV. Classes of Misconduct

Actions and conduct considered inappropriate by the MGCYO have been designated by class. The following three classifications describe behavior prohibited at all MGCYO meetings, practices, games and activities.

##### Class I

- A. Use of profane, obscene, indecent, immoral, libelous or offensive materials, or using such language or gestures.
- B. Inciting or participating in disruptive behavior (disturbing the natural process of a meeting, practice, game or any official activity).
- C. Coaches receiving a verbal warning from a referee during a scrimmage or Game or competition official at a competition. Note any Assistant Coach that gets kicked out of a game, the Head Coach will be suspended 1 or more games including next game per: River Valley Bylaws)
- D. Abuse of a referee or excessive dissent.

## Class II

- A. Direct or implied threats, innuendos or harassment.
- B. Use of profane, obscene, indecent, and immoral or seriously offensive language and gestures, propositions, behavior, or harassment based on race, color, national origin or immigration status, sex, gender, sexual orientation, age, religion, gender identity, gender expression or disability.
- C. Excessive Dissent.

## Class III

- A. A physical striking of any Board Member, official MGCYO representative, coordinator, coach, player, referee, volunteer, parent including family member and spectators at all affiliated facilities and confines of the organization.
- B. Willful or malicious destruction of organization property or affiliated facilities to include fields, parking lots, pavilions, gymnasiums or personal property of any individual participating in any MGCYO sponsored activity.
- C. Theft, larceny, or misappropriation of MGCYO funds, assets, property, equipment or services under the affiliated facilities and the confines of its affiliated activities.
- D. Possession of illegal drugs in or around MGCYO affiliated facilities.
- E. Any prolonged or continuous use of unethical behavior which brings discredit to the MGCYO.

## V. Penalties and Adverse Actions

Any Board Member, coordinator, Coach, player, team volunteer, parent including family members and spectators found guilty of misconduct as classified in Section IV is subject to a minimum disciplinary action as follows:

### Class I

- First Offense - Verbal warning and written reprimand.
- Second Offense - Suspension for one (1) seasonal game\*, to include the entire calendar week.
- Third Offense – Suspension for two (2) seasonal games\*, and to include the entire two week calendar.
- Fourth Offense - Dismissal from the Organization for the remainder of the season.

### Class II

- First Offense - Suspension for one (1) seasonal games\* and one (1) calendar week.
- Second Offense – Suspension from two (2) seasonal games\* and two (2) calendar weeks.
- Third Offense - Dismissal from the Organization for the remainder of the season.

### Class III

Dismissal from the Organization and possible referral to appropriate Law Enforcement entity and/or District Attorney's office for further action, when applicable.

*\*Suspension will include scrimmages. If the suspension time period includes a cheer competition, suspended individuals may not compete in that competition. If a Board Member, Coordinator, Coach, athlete, team, volunteer, parent including family members and spectators is suspended, the suspension must include a regular or post season game regardless of when the infraction occurred.*

*If any bullying, physical contact, vulgarity issues/ problems arise at practices or at any games by parent, student/ athlete, Coach, etc. The Head Coach must contact appropriate said positions (DOF & AD and or DOC & ADOC & Board Members regarding any/ all issues at the earliest opportunity when it is safe to do so.. (Does not mean 24hr "cool off" breather rule- it is a must inform issue/ problem when safe to do so) Any information being withheld by a Head Coach, Assistant(s) will result in being removed from any/ all practices & games until proper hearing(s) are held per protocol.*

## APPENDIX B

### Mt. Greenwood Colts Youth Organization, NFP

#### General Injury Policy

- I. The Mt. Greenwood Colts Youth Organization, NFP Board Members, coaches and any other volunteers are not in a position to diagnose or treat any injuries or dispense any medicines. This should be done by medical professionals at the discretion of an athlete's parent or guardian.  
Any head injury occurring in a game, practice, competition or other MGCYO sanctioned activity shall be treated as severe. The athlete will be removed from participation and a parent, guardian or designated emergency contact will be notified, as well as 911 if needed.
- II. If a head and/or neck injury occurs from a fall greater than 6 feet or injury in football occurs from direct head to head contact, THE ATHLETE SHOULD NOT BE MOVED, HEAD AND NECK MUST BE STABILIZED AND HELMET MUST NOT BE REMOVED. Contact 911 immediately if loss of consciousness, any numbness or tingling in limbs or extremities, and/or inability to move arms or legs. Do not administer any medicines. Contact parent, guardian or designated emergency contact. Any further treatment must be deferred to qualified medical personnel.
- III. Any injury resulting in obvious break of bones should be stabilized if equipment is available, i.e. splint, sling, wrap. Movement of the affected area should be minimized and the exact area of break should not be wrapped. Notify parent, guardian or designated emergency contact. Any further treatment must be deferred to qualified medical personnel.
- IV. If a concussion is suspected, refer to Board approved concussion training. Athletes should be removed from participation. Contact parent, guardian or designated emergency contact, relay events that led to injury, with as much specificity as possible. Any findings of headache, confusion, dizziness, vomiting, memory loss or lack of coordination. ERR ON SIDE OF CAUTION! Athletes should not return to participation until cleared by a doctor, with written permission to resume full participation. Call 911 if needed.
- V. Bumps, bruises, scrapes and minor abrasions may be treated with ice packs and rests. Notify parent, guardian or designated emergency contact of any injury during game, practice, competition or other MGCYO sanctioned activity.
- VI. Coaching staff should be aware of any allergies, medication or chronic illness.

- a. Rescue inhalers - possession of inhalers is the responsibility of the parent and athlete and must be kept readily available in case of attack
- b. Epinephrine pen (EpiPen) - possession of EpiPen is the responsibility of the parent and athlete and must be labeled with the athlete's name. (section VI needs to be discussed via GroupMe immediately upon creating said app. If parent, does not feel comfortable discussing in the group and would like a private message or a in person meeting, make this available)

Contact parent, guardian or designated emergency contact after administration. Contact 911 if necessary.

VII. At the moment of injury and during the care of the injured athlete, do not panic, remain calm. At no time should one yell into stands. Cell phones should be readily available to contact parents, guardians, designated emergency contact or 911. If necessary, a coach or board member may be sent for parent, guardian or designated emergency contact if on scene.

IX. As soon as reasonably possible, complete an Injury Report and submit to board member. Injury Reports may be submitted through email.

VII. WHEN IN DOUBT CALL 911

#### RESOLUTION MT. GREENWOOD COLTS YOUTH FOOTBALL ORGANIZATION, NFP

We, Lisa Ortman President and Lindsay Ternes, Secretary of the Mt. Greenwood Colts Youth Football Organization, NFP (MGCYO), organized and existing under the laws of Illinois, and having its principal place of business in Chicago, Illinois, hereby certify that the following is a true copy of the resolution adopted by the Executive Board of Directors at a meeting convened and held on April 13th, 2026 at which a quorum was present and voting throughout and such resolution is in full force and effect:

RESOLVED, the bylaws are hereby amended as set forth in the April 13th Amendment to Bylaws of Mt. Greenwood Colts Youth Football Organization, NFP.

We further certify that Mt. Greenwood Colts Youth Football Organization, NFP is duly organized and existing and has the power to take the action set forth in the foregoing resolution.

Lisa Ortman, Board President  
Kathryn Corcoran, Vice President  
Jill McCormack, Treasurer  
Lindsay Ternes, Secretary  
Trista Kelly, Recording Secretary  
Sara Devenney, DOC  
Megan Zollner, ADOC  
Dan Crawford, AD  
Jason Dugger, DOF